

# Caramel Corn

Nutrition Facts			
Serving Size: 1/2 cup (about 30g)			
Servings Per Container: about 10			
AMOUNT PER SERVING			
Calories	100	Calories from Fat	5
		% Daily Value*	
Total Fat	1g		2%
Saturated Fat	0g		0%
Trans Fat	0g		
Polyunsaturated Fat	0g		
Monounsaturated Fat	0g		
Cholesterol	0mg		0%
Sodium	135mg		6%
Total Carbohydrate	24g		8%
Dietary Fiber	1g		4%
Sugars	18g		
Protein	0g		
Iron			4%
Not a significant source of Vitamin A, Vitamin C, and Calcium.			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			

**INGREDIENTS:**  
Corn Syrup, Sugar, Popcorn, Molasses, Butter (Cream, Salt), Soybean Oil, Salt, Soy Lecithin (an Emulsifier), Baking Soda.  
**Contains soy and milk ingredients.**  
**Manufactured in a facility that handles tree nuts, peanuts, and wheat.**

NET WT 11 OZ (312g) 

